



Youth Martial Arts Classes

@ Sylvan Lake Park

FitKix is partnering with Seminole County Leisure Services to offer Martial Arts at Sylvan Lake Park. The FitKix Martial Arts program offers a great way for youth ages 8-13 to learn discipline, gain self-confidence and stay physically active. Class meets on Monday evenings.

Times

Monday	5:30 p.m. to 6:30 p.m.
Wednesday	5:30 p.m. to 6:30 p.m.



Cost

\$65 per month
\$540 per season (Sept. thru May)

Sylvan Lake Park (407) 665-2180

845 Lake Markham Rd., Sanford, FL 32771 • Open M - F from 8 a.m. to 10 p.m., Sat and Sun from 8 a.m. to 8 p.m.

www.seminolecountyfl.gov/parks

**It Starts
in ParksSM**

**FOR MORE INFORMATION
ABOUT LEISURE SERVICES VISIT:
www.seminolecountyfl.gov/leisure**